

## Graduate Training in Parent Professional Partnerships: A Training Model that Impacts Children's Mental Health

The 17<sup>th</sup> Annual Research Conference  
A System of Care for Children's  
Mental Health  
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## Participants

Discussion Chair:  
Susan McCammon, PhD, Department of Psychology, East Carolina University

Discussants:  
Leanne Pitts, President, NC Autism Society, Greenville Chapter  
Jeannie Golden, PhD, Department of Psychology, East Carolina University  
Johanna McDonald, MA, Director, Positive Changes

## Questions to Guide Discussion:

- What is a parent-professional partnership?

## Continuum of Family Involvement in Services

1	2	3	4	5
Family-Centered	Family-Allied	Team-Centered	Family-Focused	Professional Centered

## Questions to Guide Discussion:

- Is there something intrinsic about ABA that facilitates partnerships?  
Behavioral vs. Medical Model in Diagnosis & Treatment  
Skill-based vs. Illness-based in Diagnosis & Treatment

## Diagnosis

Medical Model	Behavioral Model
Individual disorder/disease	Environmental factors
Clinical interview	Observe in multiple natural settings
Family history	Reinforcement history

### Prognosis

Lifelong Disability	Altering Specific Behaviors
Goal is to teach individual and loved ones how to cope	Goal is to teach loved ones and individual new skills and replacement behaviors
Excuse for failing to teach, learn, & use new skills & replacement behaviors; excuse for inappropriate behaviors	Responsibility for others & individual to learn & use new skills and replacement behaviors
Hopeless prognosis	Hopeful prognosis

### Etiology

Medical Model	Behavioral Model
Genetic abnormality	Learned from environment
Biochemical imbalance	Modeling
Neurological impairment	Reinforcement/punishment

### Treatment

Medical Model	Behavioral Model
Surgery	Target Specific Behaviors
Pharmaceutical management (Drugs)	Assessment-Driven Behavioral Intervention
Psychotherapy	Behavior Therapy
Parent Counseling (Support for accepting prognosis & coping with grief)	Stress Management for Parents (Support for dealing with stressful situation)
Educating All Significant Others (Accept the child's diagnosis & prognosis)	Training All Change Agents (Teach new skills)

### Treatment

Stress Intensifiers	Stress Reducers
Lack of Skills	Skill Competency
Difficult Temperament	Easy Temperament
Limited Opportunities for Respite	Respite Care
Social Isolation	Social Support
Financial Limitations	Financial Resources

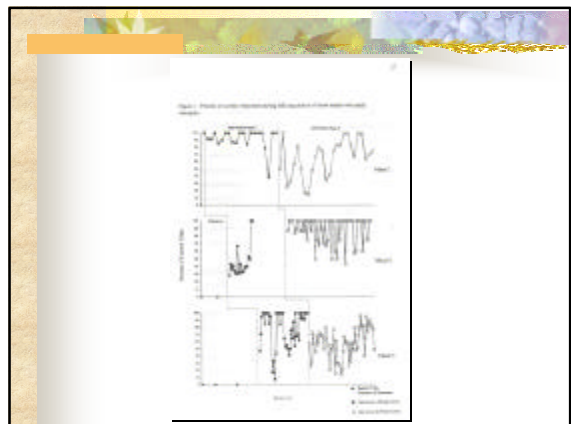
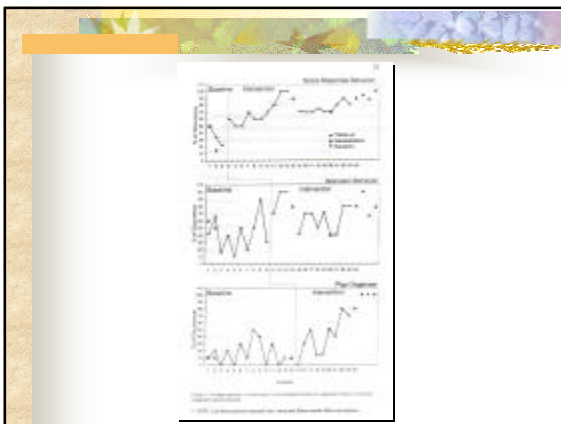
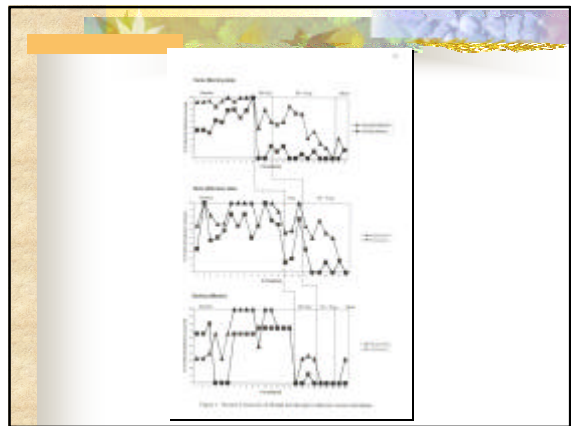
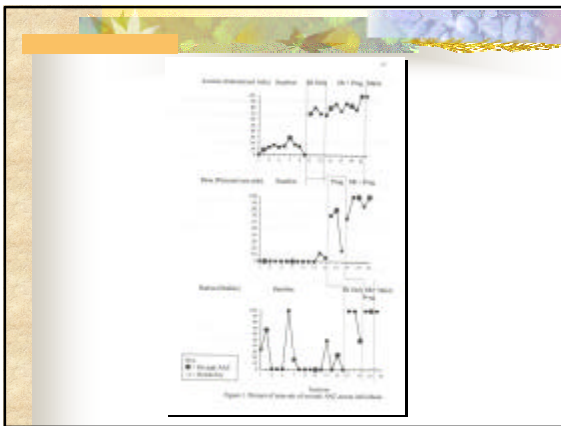
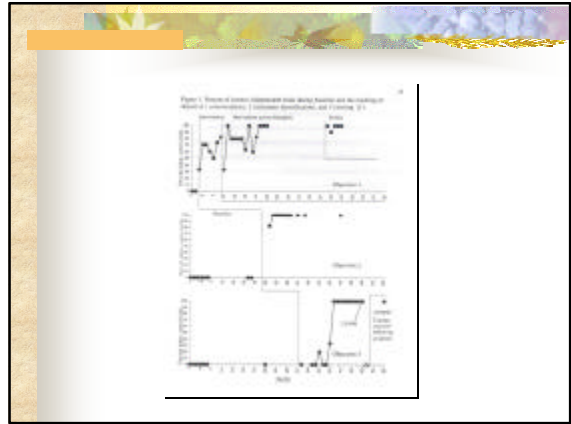
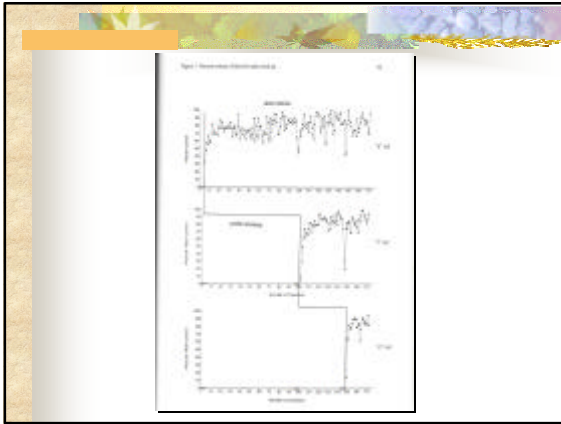
### Treatment

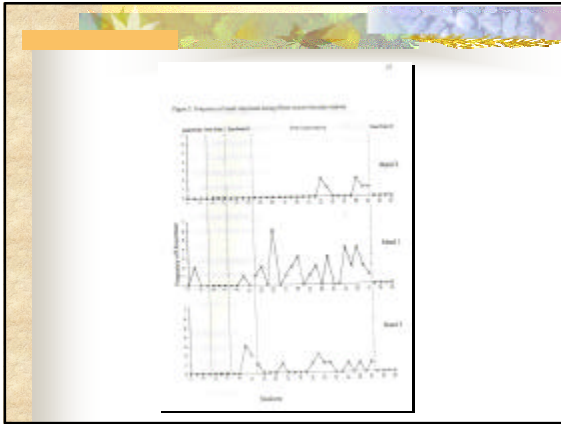
Least Effective with "Insular Mothers"  
poor, single, socially isolated

Enhanced Effectiveness with Stress Reduction Interventions

### Questions to Guide Discussion:

- What are some examples of where partnership affects outcome?  
Data- Graphs





### Questions to Guide Discussion:

- Where do we go from here?
  - Connection with a University
  - Internet as a Resource
  - ([www.BACB.com](http://www.BACB.com) go to Registry of Board Certified Behavior Analysts)